



# CARDIO UPDATE

## 2025

• Essentials for Clinical Practice •



**The Leela Raviz Hotel - Kollam**

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for Registration



**Registration is Free but Mandatory**

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**Dear Colleagues and Friends,**

We have immense pleasure in inviting you to the **Cardio Update 2025** jointly organised by Cardiovascular Research Society and Travancore Medicity, Kollam. The theme of the update is 'Essentials for Clinical Practice'.

Through carefully selected topics that span the breadth of Cardiology, and with the presence of renowned faculty from across the state, we hope to make this a lively platform to share clinically useful knowledge. With the rapidly evolving treatment landscape of cardiovascular disorders, it is important that we update ourselves so that our prescriptions and clinical decisions reflect current scientific thought. The talks and panel discussions are planned with ample time for discussion to ensure a good interaction.

Inviting everyone to come and be a part of the meeting.

Warm Regards



**Dr. Mohanan P.P**  
President



**Dr. Geevar Zachariah**  
Vice President



**Dr. Venugopal. K**  
Vice President



**Dr. Jabir Abdullakutty**  
Secretary



**Dr. Jimmy George**  
Treasurer



**Dr. Abhilash T.G**  
Organising Secretary

## JULY 27<sup>th</sup> SUNDAY 2025

### Session 1

09:30 - 10:15 AM	<b>Coronary artery disease and Pulmonary embolism ( 15 + 10 Min )</b>	
Chairpersons	<b>Dr. K. Venugopal, Dr. Anil Roby</b>	
Expert Panel	<b>Dr. Deepu Rajendran, Dr. Nazimudheen, Dr. Amith. N</b>	
09:30 - 09:45 AM	<b>Pulmonary embolism – Recognition &amp; Management</b>	Speaker : <b>Dr. Shifas Babu</b>
10:00 - 10.15 AM	<b>Troponins – When to do and when not to ?</b>	Speaker : <b>Dr. A George Koshy</b>

### Session 2

10:30 - 11:00 AM	<b>Panel discussion - Diet and Exercise Prescription for the Heart ( 25 Min )</b>	
Moderator	<b>Dr. Geevar Zacharia</b>	
Panelists	<b>Dr. Manikandan TV, Dr. Sujay Renga, Dr. Rachel Daniel, Dr. Vinod Manikandan, Dr. S. Praveen</b>	

### Session 3

11:00 - 11:45 AM	<b>Hypertension and Arrhythmia ( 15 + 10 Min )</b>	
Chairpersons	<b>Dr. P. P Mohanan, Dr. Jayagopal P. B</b>	
Expert panel	<b>Dr. Azad Abdul Salam, Dr. R. Lekha, Dr. Alexander K. George</b>	
11:00 - 11:15 AM	<b>Drug Selection for Hypertension – A Practical Roadmap</b>	Speaker : <b>Dr. Karunadas C. P</b>
1.30 - 11.45 AM	<b>Tachyarrhythmias in the ER</b>	Speaker : <b>Dr. Abhilash S. P</b>

### Session 4

12:00 - 12:30 PM	<b>Panel discussion - Preoperative evaluation for Non-cardiac surgery ( 25 Min )</b>	
Moderator	<b>Dr. Sudhayakumar. N</b>	
Panelists	<b>Dr. Jabir. A, Dr. Praveen G. K, Dr. Bino Benjamin, Dr .Vinod Manikandan, Dr. Jimmy, Dr. Joseph Cardoz</b>	

### Session 5

12:30 - 01:15 PM	<b>Diabetes and Recent Advances ( 15 + 10 Min )</b>	
Chairpersons	<b>Dr. Cibu Mathew, Dr. Jossy Chacko</b>	
Expert panel	<b>Dr. Sreekala. P, Dr. Anil Vijayakumar, Dr. Amritlal. P</b>	
12:30 - 12:45 PM	<b>How to Protect the Diabetic heart ?</b>	Speaker : <b>Dr. James Thomas</b>
01:00 - 1:15 PM	<b>What is New in Cardiology ?</b>	Speaker : <b>Dr. Sajan Ahmad. Z</b>
01.30 PM	<b>Valedictory function &amp; Lunch</b>	



## OUR FACULTY

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